

CHIGWELL & EPPING FOREST ORIENTEERING CLUB



Sunday 24th March 2024 <u>Hainault Forest Country Park</u> Regional (Level C) and SWELL event

Terrain: This is our first time back orienteering in Hainault Forest since 2017, by kind permission of the

Woodland Trust and Redbridge Vision, who jointly manage the site. The area comprises a mix of recently thinned faster runnable woodland, more complex forest, open grassland to the

south, and a good path network throughout.

Event location: Hainault Forest visitor centre, 3 Fox Burrow Road, Chigwell, IG7 4QN. Grid Ref: TQ478929.

What 3 words: https://what3words.com/cowboy.enjoy.bets

Start/Finish: Both start and finish will be within 500m of the car park. Allow 5 minutes walk.

Parking: Second car park in the country park, closest to the new visitor centre. Follow Fox Burrow

Road from the entrance to the country park past the main car park to the second car park, on your left. Park as directed. Hainault Forest has become busier recently - please consider car sharing if you can. Car park fee is £2.40 per car for 2 hours or £5.20 all day. **NB payment is cashless via RingGo. Pay either via the RingGo app, online at https://myringgo.co.uk, or**

call 020 3046 0010. No payment machines in the car park; cash not accepted.

Directions:

From M25/North: From M25, J28: A12 direction Romford. After c. 4.5 miles, turn right at traffic lights onto

A1112. Continue along A1112 for c. 2.5 miles. Follow signs to Country Park; turn right, just

after traffic lights.

From South: At the junction of the A12 and A1112 turn north on A1112. Continue as above.

By public transport: Hainault Forest is very accessible by public transport. Take the Central Line to Hainault

station, then the 247 bus to the Fowler Road stop at the new pedestrian entrance to the park.

Courses: White, Yellow, Orange, Long Orange, Light Green, Short Green, Green, Blue, Brown.

Times: Starts: 10.30am – 12.00pm Courses close: 1.00pm

Map: 1:10,000 updated winter 2023 by Tony Maycraft.

Facilities: In 2023, the Woodland Trust opened a new visitor centre, shop and "1856" cafe serving light

meals, snacks and drinks. The Global cafe on site also serves light meals, snacks and drinks.

Toilets are in the main block between the 2 car parks. Enquiries and download will be

adjacent to the cafe.

Entry / Fees: No entry on the day; please pre-enter using Fabian 4. Fabian 4

Entries close at 23.59 on Friday 22nd March. Seniors £10 (BOF/ SEOA members)/£12 non-members. Juniors: £3. SI Dibber hire £1, SIAC hire £2.50, SIAC will be enabled.

Final details: Final details and results at: https://chiq.org.uk/

Officials: Organiser: lain Ambler. Tel: 07714 697245 Email: info@chiq.org.uk

Planner: Jacob Stevens Controller: TBC

Competitors take part at their own risk and are responsible for their own safety. Please obey the Covid guidance. Do not attend if you show symptoms or test positive.