



# CHIGWELL & EPPING FOREST ORIENTEERING CLUB



## Sunday 23rd June 2019

### ORIENTEERING EVENT (GLOSS 1)

# Gunpowder Park, Waltham Abbey EN9 3YL

**Directions:****From M25:**

Leave the M25 at Junction 26, signed Waltham Abbey (A121). After approx 1.5 miles at roundabout, take first exit A112 signed Chingford, then turn right after 50 metres into car park (brown sign – Gunpowder Park).

Please note car parking is limited – please share if possible.

OS sheet 166. GR TQ386995 .

**Sat Nav coordinates: 51 deg 40' N 0 deg 0' E**

**From North Circular A406:**

Take Lea Valley Viaduct exit (A1009/ A1037), then northbound for 1.5 miles, then left fork A112 signed Waltham Abbey. Head north for 4 miles. Approx 50m before roundabout with A121 turn left at brown sign (Gunpowder Park) into car park.

**Public transport:** British Rail –From Liverpool Street to Waltham Cross, then bus number 205 to Waltham Abbey and Chingford (every 30 minutes). Alight at Gunpowder Park.

**Facilities:** Toilets. Shops available at Tesco, approx 700m to the north.

Car parking is Pay and Display. Up to 1 hour £1, over 1 hour £2. Note only 50 spaces, so share a lift, if possible.

**Start and finish:** Within 50m of car park

Dogs welcome if under control.

**Map:** Gunpowder Park. Updated Spring 2019 by Tony Maycraft - 1:7,500.

**Terrain:** This part of the Lee Valley was a munitions works for about three hundred years. The works were closed at the end of last century, and it is now the Gunpowder Park Museum (well worth a visit), light industrial units, housing estates and landscaped parks. The map includes the latter two areas and is being used for the first time.

Most of the Gunpowder Park map is gently undulating open land. The centre part is Sewardstone Marsh, which is out of bounds except for the paths, not that any sane orienteer would attempt to cross it. The southern area is badger heaven, so there may well be new small knolls which are not on the map, and there are also entrance holes to their setts, which may not be very visible. Take care.

The extension is run through an urban area. A condition of use is that **YOU WEAR TRAINERS ONLY** – no spikes, studs or bars please.

**Courses:**

Gloss Light Green 3.6 km

Gloss + Light Green plus a 2.5 km urban extension

Yellow 2.2 km

**SUITABLE FOR FAMILIES AND NEWCOMERS**

**Times:**

EOD Registration: 10:00 am to 11.30am

Starts: 10:30 am to 12:00 pm

Courses close: 1:30 pm

**Electronic punch:**

EPS-SI on all courses. Dibber hire £1.00

**Entries:**

Final details and results on [www.chig.org.uk](http://www.chig.org.uk)

**Entry Fees:**

BOF & SEOA Seniors £7; Non BOF Seniors £9; Juniors/Students £3.

**Officials:**

Planner: Harold Wyber

Organiser: Ray Curtis, 11, Rosemount, Harlow, CM19 4HS

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**N.B. Competitors take part at their own risk and are responsible for their own safety.**