



# CHIGWELL & EPPING FOREST ORIENTEERING CLUB



## Sunday 1<sup>st</sup> April 2012 Level C - District & Ranking Event SWELL 7 & Herts Essex Schools League Hainault Forest County Park

- Registration:** Adjacent to visitor centre, Hainault Forest Country Park,  
Chigwell Row, Essex. IG7 4QN [Grid Ref: TQ 478929](#)
- Directions:** From North - junction A113 and A1112, south on A1112 approx 2.5  
miles. Straight on at traffic lights at Chigwell Row. Follow signs to  
Country Park. Turn left into park, just before traffic lights.  
From South - junction A12 and A1112, north on A1112 approx 3  
miles. Turn right into park, just past traffic lights.  
From M25, Junction 28. A12 direction Romford. After approx 4.5  
miles, turn right at traffic lights onto A1112, then proceed as above.
- Car Park:** Park as directed in the main/far car park  
Car Park is Pay and Display, £1 per hour or £3 all day  
(coaches >16 seats and motorcycles free)
- Public Transport:** Nearest tube station is Hainault Central Line. (approx 1.5 miles)  
Bus 247 passes park gates [www.tfl.gov.uk](http://www.tfl.gov.uk)
- Map:** Hainault Forest Country Park. 1:10,000 Updated March 2012.  
Mixed woodland and open parkland
- Courses:** White/Yellow/Orange/LightGreen/Green/Blue/Brown  
SI Punching.
- Times:** Registration: 10:00 am to 11:30am  
Starts: 10:30 am to 12:00 noon  
Courses close: 2:00 pm

**Entry Fees:**

	Adult BO	Adult not BO	Juniors
White/Yellow/Orange	£4	£4	£2
LtGreen/Green/Blue/Brown	£5	£7	£2

(BO = Member British Orienteering)

**Electronic punch:** EPS-SI. Dibber hire £1.00

**Officials:** Planner: Tony Maycraft  
Controller: Colin West (SOS)  
Organiser: Ray Weekes  
Tel: 020 8530 3011 or 07961 864614  
Email: [rayweekes@btinternet.com](mailto:rayweekes@btinternet.com)

COMPETITORS TAKE PART AT THEIR OWN RISK

