



CHIGCHAT

The Newsletter of

**CHIGWELL AND EPPING FOREST
ORIENTEERING CLUB**

**Number 171
Autumn 2010**

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Chairman's letter

It's been a busy summer for orienteering – at home with the Club's summer training, the Frolics events (which we started off with our event in Gunpowder Park) and an increasingly popular series of park races around London. Abroad there has been a wide selection of foreign trips open to adventurous orienteers – I went to Switzerland for their O tour, followed up by the World Vets. Usually such trips give a good opportunity to meet orienteers from around the UK and around the world – the Swiss Tour introduced me to some great South Africans, Americans and others from Australia and New Zealand. It's nice to know there is a community out there of people who all enjoy the sport and the chance it gives you of seeing different places.

Back home it seems strange to be drawing the curtains instead of going out to spend a pleasant evening in the forest or a park. However, the fixtures list is looking good, with events nearly every Sunday in the South East or East Anglia, as well as a number of night events in the week, and some on Saturdays. Depending on how far you are prepared to travel there should be lots of variety.

Traditionally the autumn is when we try to attract new people to the sport, and some members of the club have been busy at the Epping Show to give people information and the chance to try our 'naughty numbers' game. There's been a great level of input to the Show, followed up by running Come and Try It events to offer interested inquirers the opportunity to taste the forest. Thanks to all of those who have put their time and effort in.

One of the events to look forward to this autumn is our annual regional event – the Mitre. It's the biggest event in the Club calendar and Harold Wyber and Mike Brett have been active planning the courses. It takes place in Broxbourne Woods with the excellent facilities of Paradise Wildlife Park available again. Hopefully we will be able to enjoy the forest and the facilities but not hopefully the downpours we had last time the Mitre took place there. David Lund is organising, and will soon be contacting you looking for people to help on the day. It will be good to see lots of club members there. We all benefit from the efforts of other volunteers so this is an opportunity to make our own contribution.

Jennifer

Editor's Note

Apologies for the lateness of this CHIGCHAT – you will realise from Jennifer's letter above that I started preparations for it at the beginning of October; where does the time go!!

New Members

We would like to welcome:

Stuart Whittingham, M21. Stuart lives in Leytonstone. He tried orienteering at university and has decided to take it up again. He came along to the club champs and won the Novice trophy!

Bobbie Walker, W35, and Paris Walker, W14. Bobbie and Paris live in Bethnal Green and came along to the LOK/SLOW Parkrace series in the summer, enjoyed it and decided to join.

Bethan Turner, W14. Bethan joined with Paris and she lives in Mile End.

Performances

London 2010 Parkrace Series

Mark Ford came second in the London 2010 Parkrace orienteering series this summer. It was organized by SLOW and LOK. There were 9 races and the best 4 counted.

The link for the results and more info is here: <http://parkrace.org/results.php>

London City Race 18th September

Men's Open

Mark Ford	12 th
Damian Brennan	107 th
Harold Wyber	mp

Women's Open

Bryony Brennan	19 th
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Men's Vets

Mick Brett	33 rd
Jason Haigh	38 th

Women's Vets

Helen Hampton	73 rd
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Super Vet's Men

John Duffield	30 th
Peter Cheetham	69 th
Tom Edelsten	75 th

Super Vet's Women

Ruby Campbell	28 th
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Newcomers

Stuart Whittingham	13 th
Paris Walker	17 th

SE Score Championships Sunday 31st October

Six CHIGs travelled to Holmbusch and Buchan Country Park for the South-East Score Championships. However with 12 runners counting for the club competition, CHIG came in 8th of 12 clubs with 945 points. Southdowns Orienteers won with 2777.5 points. Kostya Lutsenko was top CHIG scorer with 250 points, finishing 8th in the individual standings for the 60 minute score.

Original Mountain Marathon 30/31 October

In the OMM held on Dartmoor on the weekend of the 30/31 October, in the Elite Class:

Mark Ford and Jon Brooke were 12th

Harold Wyber and Patrick Wooddisse were 32nd

CHIG CHAMPIONSHIP 2010 RESULTS

Course A (5.8K)

Open

1	Josh Jenner	53.29
2	Mark Ford	65.19
3	Harold Wyber	79.16
4	Jason Haigh	86.19
5	Damien Brennan	95.04
6	Dave Blowers	117.10
	Mike Brett	mp

Course B (3.9K)

Open Women

1	Kate Brett	50.23
2	Bryony Brennan	76.27
3	Emma Blowers	90.19

Vet Men

1	Tom Edelsten	44.51
2	Peter Cheetham	49.51
3	Ronan Cleary	53.58
4	Ray Curtis	64.49
5	Peter Allen	78.02
6	Philip Haydon	82.28
7	Robin Campbell	96.03
	Paul Corney	ret
	John Duffield	ret

Course C (2.9K)

Vet Women

1	Julie Cleary	49.20
2	Julie Warwick-Munday	50.00
3	Ruby Campbell	74.52
4	Charlotte Cheetham	76.34
5	Joanna Stanesby	77.26
	Trevor Stanesby (non-comp)	80.42

Course D (1.9K)

Junior Boys

1	Alex Blowers	13.38
2	Owen Haigh	16.28
3	Marcus Blowers	18.31
4	Lachlan Haigh	19.36
5	Oliver Brett	24.28
6	James Corney	28.07

Junior Girls

1	Jocelyn Brett	25.52
2	Eleanor Corney	31.41

Novices

1	Stuart Whittingham	15.11
2	Paris Walker	19.32
3	Bobbie Walker	19.44

Thanks to Robert Campbell and all the family for their hard work in putting on the Club Championships this year.

SOUTH EAST LEAGUE RESULTS

		Total	Events	Ave
Tom Edelsten	M65	534.7	6	89.1
John Duffield	M60	359.6	5	71.9
Ray Weekes	M60	335.8	4	83.9
Robin Campbell	M70	320.3	4	80.1
Kostya Lutsenko	M21/35	272.2	5	54.4
Mark Ford	M21/35	258.9	3	86.3
Robert Campbell	M40	192.3	2	96.1
Alice Campbell	W16/18	129.1	2	64.6
Jennifer Taylor	W65	128.6	2	64.3
Tim Pribul	M60	122.3	2	61.2
Ruby Campbell	W70	86.3	2	43.2
Ray Curtis	M55	86.1	2	43.0
Peter Cheetham	M50	77.6	5	15.5
Dylan Campbell	M12	70.9	2	35.5
Kate Breet	W40	64.0	1	64.0
Jason Haigh	M35	60.7	1	60.7
Ros West	W60	40.9	2	20.5
Ian Andrews	M50	40.8	1	40.8
Bryony Brennan	W21	33.1	1	33.1
Sally Pribul	W55	31.6	1	31.6
Charlotte Cheetham	W45	30.7	4	7.7
Alison Curtis	W50	28.8	2	14.4
Derek Jenner	M55	24.3	2	12.2
Charles Taylor-Keane	M50	19.1	1	19.1
Heather Andrews	W50	17.9	1	17.9
Caitlin Campbell	W14	14.6	1	14.6
Damian Brennan	M21	1.0	1	1.0
Jocelyn Brett	W10	1.0	1	1.0
Helen Hampton	W45	1.0	1	1.0
Julie Warwick-				
Munday	W50	1.0	1	1.0
Marcus Blowers	M10	0.0	1	0.0
Graham Law	M21	0.0	1	0.0

The events were:

Stoughton

Mychett

Epping East

Bramshott

Chelwood Vachery

Sheepleas & Effingham

Verdley

Burnham Beeches & Egypt Woods

Angmering West

CHIG's position is as follows:

Club	This year	Last year
BAOC	1	1
GO	2	3
HAV	3	10
HH	4	4
SLOW	5	6
SO	6	8
SAX	7	12
CHIG	8	9
MV	9	5
DFOK	10	11
SN	11	2
LOK	12	13
RAFO	13	7
ULOC/IOC	14	14

SE League Update

For this coming season the League is being revamped to try and make things more interesting for clubs who rarely get anywhere near the top of the table. There will be 2 divisions with a new trophy (the CROC Trophy commissioned by DFOK) for the winners of the Second Division, and, like football, two clubs will be relegated and two promoted each season. The points differential for clubs at the top of the table has been reduced to make a closer competition.

As Colour courses are now being used, the events must have the full range of colours to be accepted as an SEL event. Runners should run the recommended course for their age to score maximum points, but people choosing to run down will be awarded a proportion of the points depending on how far they run down.

Planned SEL Regional Events for 2010/2011

18 September	SLOW	Regional	City of London
3 rd October	SO	Regional	Eartham, Chichester
21 st November	CHIG	Regional	Wormley/Broxbourne
28 th November	SN	Regional	Long Valley South
9 th January 2011	DFOK	Regional	Westerham
23 rd January	HH	Regional	Ashridge
27 th February	GO	Regional	Redlands
6 th March	HAVOC	Regional	Thorndon Park North

Club Dates For Your Diary

Full details of all these events will be found on the CHIG website nearer each date.

Date	Event	Location
Monday, 8 th November	Committee Meeting	Alan Brett's, Ilford
Monday, 6 th December	Committee Meeting	Helen Hampton's, Loughton

Annual Club Dinner

Friday 12th November Cafe Rouge, Loughton

Menu at £19.95, including glass of bubbly! Please contact Helen Hampton if you would like to come along (helen.hampton@btinternet.com)

ADVANCE NOTICE

New Year Social

Helen and Neil Hampton have kindly offered to host the 2011 New Year Social. The date is Saturday 22nd January 2011. Please put it in your new diaries now. Further details will be announced before Christmas.

CompassSport Trophy 2011

Jason Haigh is preparing to enter our team for the Compass Sport Trophy, the first round of which is due to be run at Ranmore Common, Dorking on Sunday 16th January next year.

For those who do not know what the event is, The Compass Sport Cup is the British Clubs Orienteering Championships. Clubs are categorised into small (Trophy) and large (Cup) clubs. The Competition consists of an initial round in spring and a Final round in the autumn. CHIG fall into the Trophy category.

For detailed information on the competition please see

http://www.britishorienteering.org.uk/downloads/documents/events_competitionrule_j.pdf.

However, in summary there are 8 classes:

Course CompassSport	Course	Age Classes
1	Brown	Open
2	Blue	Women Open
3	Blue	M45+ M20
4	Green	W45+ W20
5	Green	M60+ Small
6	Short Green	M75+ W60+
7A	Light Green	Men 18
7B	Light Green	Women 18
8A	Orange	Men 14
8B	Orange	Women 14

The winner in each class gets 100 points, second 99 etc, so the team with the highest scores win, and we add up our highest 13 scorers. The winning team and sometimes second place progresses to the second round and finals in due course.

Please have a look at your calendar and let me know if you are planning to attend and which class you wish to enter. It would be great to have competitors in all the different classes. There will also be a yellow and white class, but on a non scoring basis. After last year's growth in juniors I am hoping we may have a few competitors aiming for orange and light green courses this year.

I will need to enter our team by the end of November and remember there is no limit on how many competitors we take. The more we have, the greater chance we have.

Jason Haigh
Club Captain
jason.haigh@sky.com
01279 655624
07789 013167

SWISS O TOUR 2010

Jennifer Taylor

Until one glorious day in the summer of 2009, all that I had seen of Switzerland was Basle railway station at 4am, or a distant view of the Alps from an aircraft. So until I took the Cisalpino train from Milan to Geneva last year I had no idea what a beautiful country it was. The obvious step was to follow up that glimpse with a proper holiday so after a suggestion from Clarissa I was booked into the O Tour along with 250 other people from all over the world.

The Tour is run as a non-profit making exercise by the Swiss O Federation so it's done by volunteers though with a typical Swiss efficiency. It therefore was well organised, but with a great atmosphere. We stayed in three different places – firstly Appenzell which was a very chocolate-box pretty town, then Luzern, and finally up in the Alps at Riederalp. On the first afternoon we went from Appenzell to Lichtenstein for an urban race on Swiss Post Office double-decker buses. The next day a morning tour of Appenzell with a local guide did not help with the sprint event around the buildings and in and out of tourists :



Afterwards we had our first cable car ride to dinner on the top of a mountain with views of Liechtenstein, Switzerland and Austria.

In fact the week was a great transport orgy, with trains, cable cars and chairlifts, a boat ride on Lake Luzern followed by more trains. The third event was in forest, but accessible from the intermediate station of the cable car:

Needless to say, dinner was at the hotel at the top of the mountain and then down via the worlds steepest cog railway.

The high point was around a few 1000 metres up at Riederalp, which unfortunately was in cloud so that the final event was a bit challenging, not just because of the steep and rocky terrain but also because you couldn't see more than a few metres ahead of you. Mind you the clouds slowly lifted so that on the last full day you could choose a walk (led by our enthusiastic and knowledgeable local hosts), a chairlift and longer walk to see the glacier that flows down from the Jungfrau, or the pool at the hotel. On the day we left (by train of course) the clouds had lifted fully to allow a distant view of the Matterhorn against a clear blue sky.



Epping Forest Conservation Day

Sunday 5th December 2010

The Club has supported the Epping Forest Conservation Volunteers in the past and we have offered to help them at their scheduled working party on Sunday 5th December.



These are very satisfying occasions and enable the Club to contribute to the well-being of the forest and also a form of reciprocation for the support given to us in granting permission to hold all our events.

Conservation Day 2006

The location is Walthamstow Forest GR TQ395910, and the activity is to continue with the work of removing holly, birch and bracken from around the mature trees to create glades. Very appropriate and beneficial from an orienteering point of view!

Time: 9.30 at the parking area in Oak Hill Gardens (GR as above).

Finish: generally we work through to lunchtime and some of us stay into the early part of the afternoon.

Clothing: outdoor 'gardening' clothes, good foot protection.

Equipment: all provided.

Food: bring own picnic lunch and hot drinks.

Other information is available on the EFCV website: <http://www.efcv.co.uk/efcv.html>

If you would like to participate and support this Club activity, please let me know. I need to know numbers attending so that sufficient equipment is available. Thanks to all those who have already volunteered.

Tim Pribul (01279 724482 / tim@pribul.co.uk)

Club Kit

The following club kit is available from Robin Campbell (r061nru6y@hotmail.com) :

New T shirts and Sweaters (royal blue with club logo)

T Shirt	M	2	9.00) other sizes available to
Sweater	S	1	17.50) order but subject to
	L	1	17.50) lead time
	XL	1	17.50)

CHIG Coolmax tops, as modelled so beautifully below, are available only to order from Sally Pribul (sally@pribul.co.uk). Please contact Sally for details if you want to order one, or more!



Prices: £25 Adults
£15 Juniors

Sizes: XXS to XL (Long and Short Sleeves)

Other Kit

	Size	UK size	Qty	
Old Style				
O Suit Top	3	38	1)
	4	40	2)
	5	42	4)
	6	44	1)
	7	46	2)
O Suit Bottom	3		1)
T Shirt	S		6)
	L		3)
Tights Royal Blue	S		1	15.95
Caps Baseball	One size		6	4.25
Even older style				
O Suit Top	3	38	1)
	4	40	1)
O Suit Bottom	4		1)

prices on
application

prices on
application

South-East Fixtures

November/December 2010

November

6th Local HH Short Race Series & Youth League, Stanborough Lakes, Welwyn Garden City, TL227114 Organiser: Mick Smith, karaokesupreme@yahoo.co.uk 07941 679269 . Entry On Day: Senior £4.00, Junior £2.00, Student £2.00. Punch Type: SI, Dogs under control. Start Times: Register from 10.00 to 11.00, starts 10.30 to 11.30. Courses close 12.30. www.happyherts.org.uk/

6th Local SO SOG 5 Sharpthorne, Blacklands Farm guide camp, East Grinstead, TQ381335
Organiser: Ian Waghorn. Dogs must be kept on a lead at all times. Please clear up after your dog. Start Times: Registration: From 9.45am - 10.45am. Start-times: From 10.00am - 11.00am. Courses close 12.30pm. www.southdowns-orienteers.org.uk/index/events/detail/blacklands3

9th Local SLOW Night Street-O, Surbiton www.sloweb.org.uk

10th Local SAX Kent Night Cup, Tunbridge Wells Common www.saxons-oc.org

13th Local Mole Valley Night Event, Sheepleas Leatherhead, TQ084514
Organiser: Ted McDonald . Entry On Day: Senior £7.00, Junior £2.50. Punch Type: SI. Dogs allowed. Start Times: 17.30 - 19.00 www.mvoc.org

13th Local SO SOG 6 - North Ashdown Forest , North Ashdown (Parking at Broadstone Warren) Wych Cross, Forest Row. www.southdowns-orienteers.org.uk

13th Local SN Saturday Series/Junior League 3, Wisley Cobham, TQ080583
Organiser: Dawn Williamson, dwilliamson55@hotmail.com Entry On Day: Senior £7.00, Junior £3.00, Student £3.00. Punch Type: SI. Dogs allowed. Start Times: 10:00 - 11:30 southernnavigators.com

14th Regional Mole Valley South East Families and Veterans, Sheepleas and Effingham Woods Leatherhead, TQ084515 Organiser: Tony Burton Dogs allowed. www.mvoc.org

18th Local SAX Kent Night Cup, Kings Wood Challock www.saxons-oc.org

20th Local SAX KOL, Benenden, Cranbrook, TQ802333
Organiser: Nick Hope, chairman@saxons-oc.org 01634 231487 www.saxons-oc.org

20th Local MV Try Orienteering, Box Hill Dorking, TQ178513
Organiser: Ian Ditchfield ditchi56-bof@yahoo.co.uk Entry On Day: Senior £3.00, Junior £1.00, Student £1.00. Punch Type: SI. Dogs under control. Start Times: 10am – noon. www.mvoc.org

20th Local HH British Schools Training event , Lees Wood Scout campsite, Watford www.happyherts.org.uk/

20th Local HH British Schools Training event , Simon Balle School, Hertford www.happyherts.org.uk/

21st British Schools Orienteering Championships, Wormley Woods, Broxbourne.
No dogs allowed.

21st Regional CHIG The Michael Brandon Mitre Regional Event, Paradise Wildlife Park
Wormley/Broxbourne, TL337078 Organiser: David Lund, lundd@logica.com
Dogs on a lead. chig.org.uk

25th Local SAX Kent Night Cup, Hindleap Warren www.saxons-oc.org

27th Local SO SOG 7 - Stoughton Woods, Chichester www.southdowns-orienteers.org.uk

28th Regional SN Long Valley, South Aldershot, SU830510
Organiser: Ross MacLagan, rossmaclagan@aol.com Postal Entry: Ross MacLagan, Mallards,
Portesbery Road, Camberley, Surrey, GU15 3TD . Cheques payable to Southern Navigators. Online entry
through www.Fabian4.co.uk Entry On Day: Senior £14.00, Junior £8.00, Student £8.00. Punch
Type: SI. Dogs are allowed - please keep under control in the car park.
Start Times: Registration from 09.30 to 11.30; starts from 10.00 to 12.00. Courses close at 14.30.
<http://www.southernnavigators.com/>

December

2nd Local DFOK Kent Night Cup - Street O, Swanley www.dfok.co.uk

4th Local HH Short Race Series & Youth League, Boxmoor Common, Hemel Hempsted,
TL050060 Organiser: David Heale www.happyherts.org.uk/

4th Local DFOK Kent Orienteering League, Greenwich Greenwich, TQ388775
Organiser: Geoff Goodwin, geoff.goodwin@talk21.com Entry On Day: Senior £4.00, Junior £1.00,
Student £1.00. Punch Type: SI Start Times: 11am to 12:30pm www.dfok.co.uk

9th Local SAX Kent Night Cup, Perry Wood www.saxons-oc.org

11th Local SO SOG 8 - Ashdown Forest, Broadstone Warren scout camp, Wych Cross,
Forest Row www.southdowns-orienteers.org.uk

11th Local SN Saturday Series/Junior League 4, Frith Camberley, SU906578
Organiser: Jane Archer, jane.archer7@ntlworld.com
Entry On Day: Senior £8.00, Junior £5.00. Punch Type: SI. Start Times: 10:00 to 11:30
southernnavigators.com

12th Local SAX District Event, Hemsted TBC, TQ820360
Organiser: Nick Hope, chairman@saxons-oc.org 01634 231487. No dogs www.saxons-oc.org

14th Local SLOW Night Street-O, Pimlico www.sloweb.org.uk

15th Local SO SONIC 3 - "The Lanes", Brighton www.southdowns-orienteers.org.uk

16th Local SAX Kent Night Cup - Street O, South Maidstone www.saxons-oc.org

19th Regional OK Nuts Trophy and Longmoor Blood Races, Liphook. www.sloweb.org.uk
26th Local LOK Score Event www.londonorienteering.co.uk

27th Local SO Xmas Score Event - Eartham Wood, Fontwell, (between Arundel & Chichester)
www.southdowns-orienteers.org.uk

East Anglia Events

November

7th Local SUFFOC Colour Coded EA League & Essex & Suffolk Schools League , West Harling Heath, Thetford, TL947841
Organiser: Andrew Elliott, andrew_yyy@tiscali.co.uk 01359 230221 . Entry On Day: Senior £8.00, Junior £3.50, Student £3.50. , Punch Type: SI, Dogs on leads. Registration: 10:00 - 12:00
Starts: 10:30 - 12:30 www.suffoc.co.uk

13th Local HAVOC Weald Park , Brentwood, TQ568941 Organiser: Barbara Fothergill
Dogs Under control. Start Times: 10.30:12.30 orienteering-havoc.co.uk

14th Local NOR Colour Code Event, Swaffham Heath , TG152413
Organiser: Alan Bedder, alan.bedder@virgin.net 01603 424589 Start Times: 10.30 to 12.30 hours
courses close 14.30 www.norfolkoc.co.uk

14th Local SMOC Keyne O, Woughton, Milton Keynes, SP877375
Organiser: Stephen Hardy, steve-hardy@hotmail.com www.smoc.info

20th Local WAOC Colour Coded Event, Rowney Warren, Shefford, TL123403
Organiser: Ian Lawson, ianh.lawson@ntlworld.com, 01438 359042. Entry On Day: Senior £8.00, Junior £3.00, Student £3.00. Punch Type: SI. Dogs welcome if kept on a lead.
Start Times: 10:30 - 12:30 www.waoc.org.uk

20th Local CUOC SprintO, Brandon Country Park, Thetford, TL785853
Organiser: Ben Windsor, sprinto.cuoc@gmail.com 07975 845569
Postal Entry: Mairead Rocke, Churchill College Cambridge, CB5 8BL, mr501@cam.ac.uk . Cheques payable to CUOC. No Entry On Day. Entries Close: 05/11/2010. Start Times: 11am
www.cuoc.org.uk

28th Regional SOS Regional Event, EA League & Essex & Suffolk Schools League , Hatfield Forest West, Bishop's Stortford, TL523203
Organiser: Jack Isbester, JackIsbester@aol.com , 01621 815501 . Online entry through www.fabian4.co.uk/ Entry On Day: Senior £12.00, Junior £5.00, Student £5.00. , Punch Type: SI, Dogs: Dogs under control permitted on courses. Start Times: 10.30-12.30 stragglers.info

December

12th Local NOR Colour Code Event, Roydon & Grimston Kings Lynn, TF681230
Organiser: Julia Paul, juliapaul@aol.com 01485 541031 No dogs allowed.
Start Times: From 10.30 to 12.30 hours www.norfolkoc.co.uk

Other Events/Advance Notice

November

28th WMOA WCH Regional & WMOA League 9, Pepperslade & Parrs Warren, Cannock Chase Cannock, [SK002165](#) Organiser: Patrick Murray, 01538 266224. Entry On Day: Senior £8.00, Junior £2.00, Student £2.00. Punch Type: SI. Dogs on leads please.
Start Times: 10.30 to 12.30 www.walton-chasers.co.uk

December

5th WMOA HOC Regional Yvette Baker Trophy Final, TBC Bewdley, [SO767780](#)
Organiser: Rachel Dearden, 01827 895 298 . Entry On Day: Senior £TBC, Junior £TBC, Student £TBC. , Punch Type: SI, Start Times: 12:00 to 13:30

5th SCOA SOC Regional Event & SCOA League, Bentley & Fritham Lyndhurst, [SU246135](#) Organiser: Timothy Angel, tim.angel@tiscali.co.uk 01590 623187. Entry On Day: Senior £7.00, Junior £2.00, Student £2.00. Punch Type: EMIT. Dogs under control in car park area. No dogs in competition area. Start Times: 10.30 - 12.30 southampton-orienteers.org.uk

19th SCOA TVOC Regional Event, TBC Wendover, [SP889090](#)
Organiser: Martin Ricketts, martinricketts@phone.coop

2011 January

9th SCOA SOC Regional Event & SCOA League, TBC New Forest

29th-30th EAOA CUOC Regional Thetford Thrash
29th Day 1 Icenian Regional Event, Thetford Forest Thetford, [TL811852](#)
Organiser: Ben Windsor, benwindsor@gmail.com www.cuoc.org.uk

30th Day 2 Regional Event & EA Championships , Croxton Heath Thetford, [TL877894](#)
Organiser: Peter Allen, science@huccombe.org.uk 01954 211446 Punch Type: SI. Dogs allowed.
www.waoc.org.uk

30th SCOA BKO Regional Event, TBC Camberley, www.bko.org.uk