



# CHIGWELL & EPPING FOREST ORIENTEERING CLUB



## Sunday 5 December 2021

### “Michael Brandon” Mitre National, SE League and SWELL Event

### Epping Forest North

**Saturday 4<sup>th</sup> December – South East Sprints at Chatham Historic Dockyard. Make a weekend of exciting orienteering in two contrasting areas. See [www.dfok.co.uk](http://www.dfok.co.uk) for further details.**

**Directions:**

From M25/ M11: Leave the M25 at Junction 26, signed Epping (A121). After approx 1.5 miles at roundabout, take second exit B172 signed Theydon Bois. Continue for approx. 1.5 miles through forest and downhill into Theydon Bois village. Theydon Bois Village Hall is on left hand side approx. 100m past cross roads.

**Parking is at Theydon Bois Village Hall, CM16 7ER.**  
Park as directed. Cost £1 per vehicle. **GR TQ450992.**

From North

Circular: Join M11 northbound and leave at junction 5, signed Loughton. Follow A1168 towards Loughton for approx. 1.0 miles then turn right at roundabout onto A121, Follow A121 through forest to roundabout. Take 4<sup>th</sup> exit, B172 to Theydon Bois as above.

Public transport: Theydon Bois Underground Central Line station is approx 500m distant.  
Head west along Coppice Row B172. The village hall is approx. 400m on right.

**Facilities:** Toilets at village hall. To be confirmed: traders and drinks and snacks.

**Start and finish:** Approx 300m walk to Start and 200m to Finish from village hall.

**Map:** Epping Forest North, updated 2021 1:10,000 to ISOM2017. Mixed deciduous forest.

**Courses:** The SE League recommended age classes are offered:

Black	M21
Brown	M35, M40,
Short Brown	M18, M20, M45, M50, W21
Blue	M16, M55, M60, W35, W40,
Short Blue	M65, W18, W20, W45, W50
Green	M70, W16, W55, W60
Short Green	M75, W65, W70, ,
Very Short Green	M80, M85+, W75, W80, W85+
Light Green	M14, W14
Orange	M12, W12
Yellow	M10, W10
White	

**Times:** Starts: 10:30 am to 12:15 pm  
Courses close: 2:00 pm String course TBC

**Electronic punch:** EPS-SI on all courses. SIAC enabled..

**Entries:** In advance via: [www.fabian4.co.uk](http://www.fabian4.co.uk),  
Closing date for receipt of entries: Thursday 2<sup>nd</sup> December at 23:59. **No EOD.**  
Late entries subject to availability of maps. Final details and results on [www.chig.org.uk](http://www.chig.org.uk)

**Entry Fees:** Up to 15/11/2021 BOF Seniors £13; Non BOF Seniors £15; Juniors £4  
From 16/11/2021 to 2/12/2021 - BOF Seniors £15; Non BOF Seniors £17; Juniors £5  
Dibber hire £1.00

**Officials:** Organiser: Ray Curtis Tel: 01279 418699 Email: [Curtis.rosemount@sky.com](mailto:Curtis.rosemount@sky.com)  
Planner: Harold Wyber  
Controller: David Rosen (SROC)

**N.B.** Competitors take part at their own risk and are responsible for their own safety.

**Covid -19** If you are showing any symptoms of Covid-19 or are self-isolating, please do not attend.



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